

# COMMUNITY SPACE PROGRAM CALENDAR

## January 2024



**10530 96 Street  
T5H 2H6**  
**MONDAY – Saturday**  
**9:00 AM – 6:30 PM**  
**Sundays**  
**11:00 AM – 6:30 PM**  
**Intake Closes at 6:00 PM**

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Camelot Games	CLOSED	2:00 PM -4:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
CASE MANAGERS	CLOSED	9:30 AM – 2:30 PM	9:30 AM – 2:30 PM	9:30 AM – 2:30 PM	9:30 AM – 2:30 PM	CLOSED	CLOSED
Community Engagement Taskforce Monthly Meeting	CLOSED	CLOSED	CLOSED	EVERY 4 <sup>TH</sup> THURSDAY OF THE MONTH 12:30 PM -2:30 PM	CLOSED	CLOSED	CLOSED



PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Inner-City Pastoral Ministry	CLOSED	CLOSED	EVERY 2 <sup>ND</sup> WEDNESDAY OF THE MONTH <u>MEN'S SUPPORT GROUP</u> 12:00 PM – 2:00 PM @Bissell East	EVERY 1 <sup>st</sup> + 3 <sup>rd</sup> THURSDAY OF THE MONTH <u>Bible Studies</u> 11:00 AM – 12:00 PM @Bissell East	EVERY 3 <sup>rd</sup> FRIDAY OF THE MONTH  <u>WOMEN'S SUPPORT GROUP</u> 10:30 AM – 2:00 PM @Bissell West	CLOSED	<u>SUNDAY CHURCH SERVICE</u> 9:00 AM – 10:30 AM @Bissell West
Inner-City Floor Hockey	CLOSED	CLOSED	CLOSED	CLOSED	1:00 PM - 3:00 PM @ (YMCA Boyle Street Plaza)	CLOSED	CLOSED
MENTAL HEALTH SUPPORTS	CLOSED	CLOSED	9:00 AM – 12:00 PM	9:00 AM – 12:00 PM	9:00 AM – 12:00 PM	CLOSED	CLOSED
Mindfulness Matters	CLOSED	CLOSED	12:00 PM - 1:30 PM	CLOSED	CLOSED	CLOSED	CLOSED

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
My Story	CLOSED	10:00 AM -12:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
NURSING STATION	9:00 AM - 6:00 PM	9:00 AM - 6:00 PM	9:00 AM - 6:00 PM	9:00 AM - 6:00 PM	9:00 AM - 6:00 PM	9:00 AM - 6:00 PM	9:00 AM - 6:00 PM
Peer Support Group	2:00 PM -3:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
RECEPTION & MAIL @Bissell East	9:00 AM - 4:00 PM	9:00 AM - 4:00 PM	9:00 AM - 4:00 PM	9:00 AM - 4:00 PM	9:00 AM - 4:00 PM	CLOSED	CLOSED
SING A LONG WITH EVAN	CLOSED	CLOSED	CLOSED	CLOSED	3:00 PM -4:00 PM	CLOSED	CLOSED

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
STUDENT LEGAL SERVICES	CLOSED	CLOSED	CLOSED	12:30 PM -1:30 PM	CLOSED	CLOSED	CLOSED
TAX CLINICS @Bissell East	1:00 PM -3:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

COMMUNITY SPACE PROGRAM DESCRIPTIONS
<p><u>Camelot Games</u></p> <p>A Chess Club lead by John H for Chess players of any level. Staff Member, Shaun H is covering while he is away. You can also play other games and watch a movie. Snacks are provided.</p>
<p><u>Case Managers</u></p> <p>Team of Case Managers providing programs and services including intake, in-reach, case management, outreach, and service navigation support.</p>
<p><u>Community Engagement Taskforce Monthly Meeting</u></p> <p>The Community Engagement Taskforce is designed to provide a space for community members and staff to come together to discuss and plan out thoughts and ideas that will assist Bissell Centre in truly becoming a hub that is led by the community we serve. Recognizing that the community members we serve are the best individuals to inform decisions regarding needed services and programs within Bissell Centre. Incentives will be given to participants. If interested, please let Sarah D know.</p>
<p><u>Cultural Program</u></p> <p>Cultural programs and support will be available Monday - Friday facilitated by Robert P.</p>
<p><u>Digital Basics</u></p> <p>A program that offers adults an opportunity to learn basic digital and computer skills and/or review previously learned skills in a safe and supported environment. For inquiries, contact Shaun at <a href="mailto:shaunhaiste@gmail.com">shaunhaiste@gmail.com</a>.</p>

**FASS (Fetal Alcohol Spectrum Services) Information:**

The FASD navigator, Carmen G, will be in the Community Space on Mondays and Tuesdays. They provide in-person and/or phone-based referrals, education and other short-term solutions to individuals/families affected by FASD. On Mondays Carmen will be available as needed and on Tuesdays she will be in the Community Space for the duration of in reach.

**Financial Literacy Workshops**

Due to room capacity, there is a maximum of 6 people per workshop. Every participant will receive a \$5 gift card for attending. If you have any questions or would like to sign up, please connect with Community Space staff and we will connect you with Financial Empowerment Coordinator, Anst.

**Good Art with Victoria**

An art program lead by Staff Member, Victoria. Welcome to all artists of any level. Snacks are provided.

**Housing Workshop**

Weekly housing support service for those needing assistance to becoming permanently housed. Participants can learn about affordable housing and housing resources, get assistance searching online for available housing options, and see weekly affordable housing listings.

**Inner- City Floor Hockey**

The Mustard Seed and Bissell Centre has partnered to run this weekly floor hockey program. It's held at YMCA Boyle Street Plaza 9538 103A Avenue on Fridays 1:00 – 3:00 PM. If you have any questions, please ask Sarah D.

**Inner - City Pastoral Ministry**

ICPM is an interdenominational faith outreach program. They provide women's group, men's group, bible studies, and church service at Bissell center.

**Mental Health Supports**

The Mental Health Support Worker, Stephanie S works with individuals who have mental health concerns, and often concurrent addictions issues, who do not have appropriate support to address daily living goals. Staff members facilitate connections with internal and external programs and resources, such as doctors, counselors, and other mental health professionals. We also provide individuals with outreach support, empowering our community members to address their ongoing needs. Stephanie will be in the Community Space Wednesdays, Thursdays, and Fridays from 9 AM - 12 PM.

**Mindfulness Matters**

Facilitated by Staff Member, Victoria. Mindfulness Matters is a wellness program that will touch on mindfulness techniques. The duration of the program will be 8 weeks and each week will focus on a different module. If you have any questions, please ask Victoria or Sarah D.

**My Story**

A program where participants can share their stories in the way they want to share and express them through writing, drawing, painting, film... Bissell Centre, Community Space will support participants in finding resources to make these projects come to life. If you have any questions, you can ask Sarah D or Shaun H.

**Nursing Station:**

Carlos is our On-Site Registered Nurse and provides meaningful and inclusive health services for individuals experiencing homelessness. Services including wound care, 1-on-1 health assessments, education, urgent care, referrals and more. Dedicated to respond to overdoses and other medical emergencies.

**Peer Support Group**

Come discuss healthy boundaries with us! This peer support group is facilitated by our Case Management Team. Snacks are provided.

**Sing Along with Evan**

Are you interested in singing? Join Evan for a sing along every Fridays.

**Student Legal**

University Law students are in the Community Space weekly for Community Members needing legal support. They are taking a break in December but will be back in January.