



Bissell Centre

Community Space Programs January 2019

Contact: Phone: 780 423 2285 ext. 316 Email: alewis@bissellcentre.org

Monday	Tuesday	Wednesday	Thursday	Friday
Open Smudge – each morning at 8:30 am in the Wicitowin Room				
<p>Housing Workshop 9am-11am Classroom</p>	<p>Foot Care With the foot Nurse Counselling Room 1 8am-12pm Jan. 22nd only</p>	<p>Computer Basics 9am -11:30 Classroom</p>	<p>Student Legal Services 9am-11am Meeting Room</p>	<p>Indigenous Arts and Food 10am– 12pm Alternating weeks in the Wicitowin & Kitchen</p>
<p>Community Kitchen Program 9:00 am – 11:30 am</p>	<p>Haircutters 10am-12pm Classroom</p>	<p>Mindful Minds 10am-12:00am Wicitowin Room</p>	<p>Community Kitchen Program 8:30am – 11am</p>	<p>Computer Basics 12pm – 2pm Classroom</p>
<p>Traditional Teachings Wicitowin Room 12 – 2pm Begins Jan. 14th</p>	<p>Sacred Circle 9:00am – 11:00am Wicitowin Room</p>	<p>Life Skills 1pm – 2pm Classroom</p>	<p>Poetry Workshop 11:00am -12:00pm Classroom</p>	<p>Traditional Teachings Wicitowin Room 12 – 2pm Begins Jan. 21st</p>
	<p>Live music and & Sing-alongs 11:30am – 12:30pm Wicitowin Room</p>	<p>Street Works Naloxone Kits 12 – 2pm (Every third Wednesday) Counseling Rm.1</p>	<p>Writing Workshop 4 Anyone, 12-2pm Wicitowin Room</p>	
	<p>Drop-In Art Studio 12-2pm Classroom</p>	<p>Community Yoga 2pm – 3pm Wicitowin Room</p>	<p>Drop-In Art Studio 11:30-1:30pm Classroom</p>	<p>Opioid Awareness Book Launch Community Space 12 – 2pm</p>

Offered Weekly!

Special Events!